



WORLI WHISPERS

ROTARY CLUB OF BOMBAY WORLI, DISTRICT 3141

| | | | |
|----------------------|-----------------------|-------------------|-----------------|
| Rtn Francesco Arezzo | Rtn Dr Manish Motwani | Rtn Dr Paula Goel | Rtn Sanjay Dosi |
| RI PRESIDENT | DISTRICT GOVERNER | CLUB PRESIDENT | CLUB SECRETARY |

JANUARY 2026

WORLI WHISPERS



PRESIDENT SPEAKS

January- New Year, New Vision

January sets the rhythm for the year ahead—and what a purposeful beginning it has been for our club. As we step into the New Year, we renew our commitment to service with clarity, compassion, and collective resolve. This month has truly reflected our vision: meaningful action, member engagement, and impact-driven service.

We began the year on an energetic note with “Walk with the Doc” on 4th January at Mahalaxmi Racecourse, 7:00 am, featuring an enlightening session by Dr. D. Mujumdar, renowned Neurosurgeon and Epilepsy Surgeon. It was heartening to see members and citizens come together for fitness, awareness, and learning—exactly the spirit we wish to carry forward.

Our OCV & Club Assembly on 8th January at Sunville Banquet Hall, Worli was a moment of reflection and alignment. It gave us an opportunity to review our direction, strengthen fellowship, and fine-tune our goals for the year ahead.

Service took centre stage with culture and compassion beautifully blending at our Musical Fundraiser for Cancer on 25th January at Veer Savarkar Hall, Shivaji Park. Thanks to the generosity of our members and supporters, raising a total amount of 29 lakhs. We were proud to now make monthly donations of Rs 2 lakhs to Tata Memorial Hospital on 29th January, supporting chemotherapy and surgical care for cancer patients—service that truly saves lives.

We closed the month with hands-on community action through a Beach Cleaning Drive on 31st January at Shivaji Park, joined enthusiastically by students of Guru Nanak School. It was inspiring to see young minds actively participating in environmental responsibility—reminding us that service also means shaping future citizens.

As we move ahead, let us carry this momentum forward. January has shown us what is possible when vision meets action. I look forward to a year filled with impactful projects, meaningful partnerships, and continued service above self. Together, let us make this year count.

Dr Paula Goel

President RCBW





EDITORIAL

Dear Rotarians and Anns,

Warm New Year greetings as we welcome 2026!

We hope that all of you are enjoying the fellowship, engaging weekly speakers, and impactful club projects. Our President, Rtn. Paula, is tirelessly working alongside her dedicated team to ensure that every aspect of the Rotary schedule runs smoothly. As we all know, the Rotary wheel moves forward with the spirit of love, togetherness, optimism, and care.

January – A Month of Reflection and Vision

January, derived from Janus—the Latin symbol of a doorway—invites us to reflect on the past, engage wholeheartedly with the present, and look confidently toward the future.

At the Rotary Club of Bombay Worli, this threshold inspires us to continue presenting promising and futuristic projects that serve as guiding lights for future leaders. Performance is the key, and it is this performance that uplifts our collective power and spirit.

Projects That Create Impact

We are proud of several long-standing projects that have delivered remarkable results within our society.

Apni Shala

Now in its 13th year, Apni Shala stands as a testament to sustained commitment and impact. Rtn. Pankaj Tanna has been deeply involved in this initiative, providing continuous support to its staff and leadership. We are pleased to include an article contributed by Rtn. Pankaj, which reflects the positive outcomes we all strive to achieve.

Beach Cleaning Initiative

Another feather in our cap is the beach cleaning project, led by our enthusiastic Interact students. Their dedication and efforts are truly commendable and worthy of appreciation.

Call for Contributions

I look forward to receiving write-ups for the bulletin from our members and Anns. So, let us rise from our slumber and share our thoughts—send in an article on a subject close to your heart!

With Warm Regards,

Yeshwant Datay

Editor – Worli Whispers



APNI SHALA

Dear Worlians

We have been partnering APNI SHALA since they were 'born' some 13 years ago.

For the last 11 years they have been doing a great job at the Guru Nanak School at Matunga West. While I confess that I have had little physical interaction with them and have hardly visited them at the School more than twice in these 11 years, I have read all their reports of their work at our School and also kept updated on the progress of this 'little' organization through their emails and newsletters.

I have always been impressed with the way they are contributing for the betterment of society, and have deserved every bit of support that we have given them.

Their SEL Programs work towards building SOCIAL AND EMOTIONAL Skills among children to enable them and to help them to constructively engage with society, friends and family in the future.

The children are taught to be 'self aware'.

Research shows that while 95% of people 'believe' they are self-aware, only 10-15% of people actually 'are' self-aware. (Source - Tasha Eurich, an organisational psychologist and self-awareness researcher.)

I am sharing the latest email of Rohit- CEO APNI SHALA - which highlights their approach towards what they are doing at APNI SHALA

Contribution by

Pankaj Tanna (RCBW)

CONGRATULATIONS TO CIIA ON ITS 5TH MILESTONE EDITION!



In proud partnership with the **Rotary Club of Bombay Worli (RCBW)**, Creative Ideas & Innovations in Action (CiiA) celebrates its **5th milestone** year, reaffirming its commitment to nurturing grassroots innovation and young talent across India.

Organised in collaboration with **AICTE**, Government of India, the Ministry of Education, and the Ministry for Science & Museums, CiiA-5 will be hosted at the iconic Nehru Science Centre, Worli, a fitting venue for a national innovation movement.

The exhibition will be co-inaugurated at **10:00 a.m. on Thursday, 5th February**, by DG Dr Manish Motwani, and will run daily till 7:00 p.m., with the final day concluding at **1:00 p.m. on Saturday, 7th February**.

The much-awaited **CiiA Innovation Awards Ceremony** will be held on **5th February**, with entry to the Nehru Science Centre Auditorium from **2:40 p.m.**, recognising India's most promising innovators.

Building on the remarkable success of CiiA-4, the event will showcase inspiring innovation exhibitions, knowledge seminars, and prestigious awards, celebrating creativity, impact, and purpose-driven innovation.





January – New Year, New Vision

January marks not just the beginning of a new calendar year, but the opportunity to embrace a renewed vision, refreshed energy, and a strengthened commitment to service. As we step into the New Year, it is a time to reflect on our achievements, learn from challenges, and set meaningful goals that guide our journey ahead.

This year, our focus is on purposeful growth and impactful service. We aim to expand our outreach programs, strengthen community partnerships, and introduce new initiatives that address emerging needs. Upcoming projects will emphasize health awareness, education, and social well-being, ensuring that our efforts continue to make a positive and lasting difference. Member involvement will remain at the heart of every initiative, as collective action drives meaningful change.

January is also a time for personal and collective resolutions. Members are encouraged to set goals that align with the organization's mission—whether it is dedicating more time to service, developing leadership skills, or mentoring new members. Small, consistent efforts throughout the year can lead to remarkable outcomes.

In the President's message, we are reminded that vision without action remains only an idea. The coming year calls for unity, innovation, and compassion. By working together with clarity of purpose and optimism, we can transform challenges into opportunities and ideas into achievements. The President urges every member to stay engaged, support one another, and uphold the values that define our organization.

As we welcome the New Year, let us move forward with confidence and commitment. With a clear vision and shared goals, this year promises growth, service, and success for our organization and the community we proudly serve.

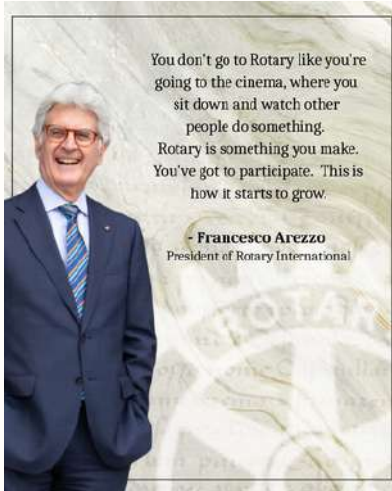
Meenakshi Singhvi

**Creative, Designing Support Team
(Worli Whispers)**



ROTARY SPEAKS

“You don't go to Rotary like you're going to the cinema, where you sit down and watch other people do something. Rotary is something you make. You've got to participate. This is how it starts to grow.” -Francesco Arezzo, President of Rotary International
President Arezzo's words resonate deeply with me. Rotary



has always been strongest when its members choose to be present, involved and committed. Participation is the heartbeat of our movement. When we step forward to serve, to collaborate and to bring our skills to the table, we do more than complete projects... we help Rotary grow in purpose and spirit. Service becomes meaningful when it is shared. I could not agree more with our RI President. Rotary is not something we attend, it is something we shape together.

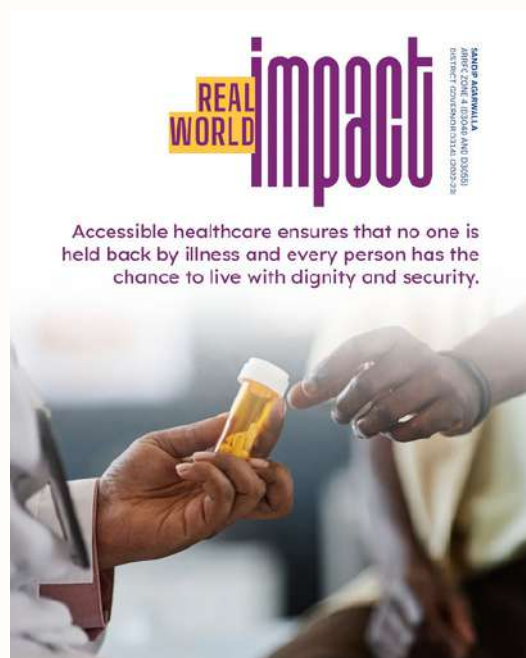
#Rotarian #charity #serviceetooththers #RID3141
#Rotary #RotaryInternational #UniteForGood

Real World Impact: Free Medical Treatment

Good health is the foundation of dignity. When healthcare becomes accessible to those who cannot afford it, families gain stability and the freedom to rebuild their lives.

Providing treatment at no cost removes the fear of illness, protects the most vulnerable and ensures that every person has the chance to live with security and hope. This is how real change begins, one life at a time.

#Rotary #RotaryInternational
#TheRotaryFoundation #PeopleOfAction
#RotaryImpact #HealthForAll
#CommunityWellbeing #ServiceAboveSelf
##RID3141 #UniteForGood



ROTARY TRAVELS

Majuli: The Cultural Heart of Assam

Majuli, located in the mighty Brahmaputra River in Assam, is the world's largest river island and one of India's most unique cultural landscapes. Surrounded by flowing waters and lush greenery, Majuli is not just a geographical wonder but also a living symbol of Assam's rich heritage, traditions, and spiritual life.

Majuli is best known as the center of Neo-Vaishnavite culture, introduced by the great saint and reformer Srimanta Sankardeva in the 15th century. The island is home to several Satras—monastic institutions that preserve classical Assamese dance, music, drama, and crafts. These Satras play a vital role in keeping ancient traditions alive and shaping the cultural identity of the region.

The natural beauty of Majuli is equally captivating. Vast paddy fields, wetlands, and water bodies create a peaceful environment, making the island a haven for nature lovers. During winter, Majuli becomes a temporary home to migratory birds, attracting birdwatchers from different parts of the country. The simplicity of village life, traditional bamboo houses, and warm hospitality of the local people add to its charm.

Agriculture and fishing are the primary occupations of the residents. Handloom weaving is also popular, with women producing beautiful traditional Assamese garments. Despite its cultural and ecological significance, Majuli faces serious challenges due to river erosion, which threatens both human settlements and heritage sites.

Efforts are being made by the government and local communities to promote sustainable tourism and protect the island's fragile ecosystem. Majuli stands as a reminder of the harmonious relationship between nature, culture, and spirituality. Its serene atmosphere and timeless traditions make it a truly remarkable place and a proud treasure of Assam.

Meenakshi Singhvi

**Creative, Designing Support Team
(Worli Whispers)**



WALK WITH DOC

FITS, FAINTS, and FALLS



At the Walk with a Doc program, Dr. Mujumdar delivered an informative talk on FITS, FAINTS, and FALLS, highlighting their common causes, warning signs, and prevention strategies. The session emphasized early recognition, lifestyle modifications, medication review, and safety measures, especially for older adults. Participants found the talk practical, engaging, and helpful for improving everyday health and preventing emergencies.

Official Club Visit (OCV)

The Official Club Visit (OCV) of the Rotary Club of Bombay Worli, held on 8 January was a meaningful and engaging occasion, marked by fellowship, reflection, and future planning. The visit by District Governor Rtn. Dr. Manish Motwani, along with Assistant Governor Rtn. Kunjal Popat, provided valuable guidance and inspiration to the club members. The leadership appreciated the club's service initiatives, community projects, and commitment to Rotary values. Constructive discussions helped align the club's goals with district priorities, while encouraging innovation and greater member participation. The OCV strengthened bonds between the club and district leadership and reinforced the spirit of "Service Above Self."



Sharing Smiles and Sustenance at Adhar Tirth Ashram



Groceries and nutritious food items, including Kellogg's, were distributed to the children of Adhar Tirth Ashram Orphanage as part of a small yet meaningful outreach effort. The initiative aimed to support the daily needs of the children while spreading care, compassion, and a sense of togetherness. Moments of smiles and gratitude made the experience truly fulfilling, reminding everyone that even simple acts of giving can create a lasting impact. Such gestures not only help meet essential requirements but also strengthen the spirit of community responsibility and kindness toward those who need it most.

A Step Toward Hope for Cancer Patients

The Rotary Club of Bombay Worli successfully organized a fundraiser dedicated to supporting cancer patients, reaffirming its commitment to service and compassion. The initiative brought together members, donors, and well-wishers who contributed generously toward a meaningful cause. Funds raised through the event will aid in providing medical support, treatment assistance, and hope to patients and their families during challenging times. The program reflected Rotary's enduring spirit of "Service Above Self," highlighting how collective efforts can make a tangible difference. Such initiatives continue to inspire community involvement and strengthen the mission of care, empathy, and social responsibility.



Young Voices for a Greener Tomorrow

Following a successful beach cleaning drive, students of Gurunanak School presented an impactful skit on environmental protection, thoughtfully beach clean up arranged by Rtn. Akansha Bector. Through expressive performances, the children highlighted the dangers of pollution and plastic waste while promoting responsibility towards nature. The skit beautifully linked action with awareness, reinforcing the message that protecting the environment begins with individual effort.

Their heartfelt presentation inspired to adopt cleaner, greener habits and work collectively towards a sustainable future.



Supporting Hope Through Care

In a meaningful gesture of compassion, a cheque of ₹2 lakh was presented to Tata Memorial Hospital every month to support chemotherapy treatment for cancer patients. This ongoing contribution helps ease the financial burden faced by patients during their difficult journey. The initiative reflects a sustained commitment to social responsibility and compassionate care. Such consistent support reinforces the belief that collective efforts, carried out regularly, can bring continued hope, strength, and healing to those bravely battling cancer.



Blood Donation Brings Community Together



The Blood Donation Drive held on 31 January concluded at a fantastic figure of 131 donors, reflecting the spirit of compassion in our community. Organised by the club, the camp witnessed enthusiastic participation from members, students and local residents. Medical teams ensured safe procedures and guided first-time donors. The initiative will continue every month to support hospitals and save precious lives. Gratitude was expressed to all volunteers and coordinators for their commitment and generosity spirit.

Nutrition Support for Zugrewadi School Children



Eggs and bananas were distributed to the children of Zugrewadi School as part of a community nutrition initiative. The program aimed to provide healthy nourishment and encourage better eating habits among young students. Teachers coordinated the distribution and highlighted the importance of balanced food for growth and learning. The children happily received the refreshments with bright smiles. The RCBW continues this initiative every month to support the well-being and development of the students.

**UNITE
FOR
GOOD**

Rotary
District 3141



**LET'S
INSPIRE!**

ROTARY CLUB OF BOMBAY WORLI

**Fayth Clinic - SHIV SHAKTI CHS. A WING, 1ST FLOOR, AGAR BAZAR, PRABHADEVI,
MUMBAI 400025**

CLUB CALENDAR FOR THE MONTH OF FEBRUARY 2026

| Date / Day | Programme | Venue / Time |
|---------------------------------|---|---|
| 1st February, 2026 Sunday | Walk with Doc - Speaker Dr Anurag Shrimal Topic - Liver health & organ donation | Time : 7:00 am Venue : Mahalaxmi Racecourse. |
| 5th February, 2026 Thursday | Speaker Meeting - Arif Zakaria Topic - In conversation with Arif Zakaria | Time : 6:30 pm Venue : Sunville Banquet Hall, Worli. |
| 5th,6th,7th February, 2026 | CIIA | Venue: Nehru Science Centre Worli |
| 14th February, 2026 Saturday | Fellowship at Lonavala Hosted by Rtn Rajul and Anand Parikh | Time : 11 am - 4 pm Venue : 18 Valley Queen Estate Lonavla, |
| 19th February, 2026 Thursday | Speaker Meeting Adv Pankaj Bafna Topic : Think Before You Click - Cyber Safety for 50 plus citizens, | Time : 6:30 pm Venue : Sunville Banquet Hall, Worli. |
| 24th February, 2026 Tuesday | Cancer Donation | Venue at Tata Memorial Hospital |

PROJECTS FOR THE MONTH OF FEBRUARY 2026

1. Cancer patients Donation Rs.1,00,000/-.
2. Ongoing distribution of Grains to children of Adhar Tirth Ashram.
3. Roha milk and Kellogg distribution.
4. Ongoing malnutrition project at Adhar Tirth Ashram.
5. Taloja project nourishment provided by Decimal Foundation.

President. Rtn. Dr. Paula Goel

Club Secretary: Rtn. Sanjay Dosi